

You Fit Member Benefits

- 25% Off Food & Drinks
- Free 3 Day Flexible Passes
- Use of You Fit Clubs Nationwide
- You Fit Members Online Discount Voucher Booklet
- Up to 25% Off Hotel Weekend Breaks Bed & Breakfast



Terms & Conditions

25% Off Food & Drinks

1. You Fit Health Club Members are entitled to 25% off Food & Beverage in nominated restaurant and bar outlets within the hotel at which their membership is based.
2. Excludes 'Cow on the Hill' restaurants, at which a 10% member discount is applicable.
3. The discount is available for a party of up to 6 people; the member and up to 5 guests.
4. Members are required to show their You Fit Membership Card at the time of ordering.
5. Membership status (live/current) may be verified with the club.
6. Not available to temporary members.
7. Subject to availability.
8. No cash alternative is available.
9. Non-transferable.
10. Not to be used in conjunction with any other discounted offer. Excludes Sunday lunch and any other seasonal or discounted food and beverage promotions.
11. Advance booking for restaurants may be required and is recommended.
12. You Fit Health Clubs and Kew Green Hotels reserve the right to cancel, amend, terminate or temporarily suspend this promotion without notice.

Free 3 Day Flexible Passes

New Joiners

1. New members joining You Fit Health clubs are issued with 3 x Free 3 Day flexible passes for guests when joining the club.
2. 3 day flexible pass must be activated by the members' friend or family member within 1 month of the new member commencing their membership.
3. The 3 day flexible pass card is valid for 3 x 1 day visits, which must all be used in a 1 week period from date of activation. Any unused visits cannot be carried over.
4. Retrospective 3 day flexible passes will not be issued.
5. The 3 day flexible pass card is signed off by a Leisure Club Team member at the start of each club visit.
6. Guests who do not bring with them their card to be signed off at the start of each visit will be charged the standard club guest fee if they wish to use the club.
7. 3 day flexible passes are non-transferable and are subject to availability.
8. There is no cash alternative.
9. You Fit Health Clubs & Kew Green Hotels reserve the right to refuse access to the club by a guest at their discretion. If for any reason the 3 day flexible pass holder is refused permission to enter a You Fit Health Club then no alternative will be offered.
10. It is the responsibility of the individual guest using the 3 day flexible pass, to ensure that they have taken adequate medical precautions, and must read and sign the club Health Commitment Statement, before using facilities.
11. 3 day flexible pass vouchers or cards which have been issued, that have been photocopied, altered or damaged will not be accepted.
12. Club rules must be adhered to at all times.
13. This offer is not to be used in conjunction with any other promotion or special offer.
14. You Fit Health Clubs & Kew Green Hotels reserve the right to terminate this promotion at any point without notice.

Free 3 Day Flexible Passes Membership Anniversary

1. You Fit Health Club Members are entitled to 3 x 3 Day Flexible Passes for guests on the anniversary of each year of membership completed.
2. Members will continue to these 3 day flexible passes on the anniversary of the membership where the membership has remained unbroken on a continuous term.
3. You Fit Health Clubs and Kew Green Hotels reserve the right to withhold this benefit where a new anniversary date has been generated as a result of the membership account falling into arrears and/or cancelled.
4. In order to qualify and receive this benefit, You Fit Members should request their 3 x Free 3 Day Guest Passes within the 30 days following the yearly anniversary of the membership.
5. Retrospective 3 day flexible passes will not be issued.
6. 3 day flexible passes must be activated by the members' friend or family member within 12 months of the date of issue.
7. The 3 day flexible pass card is valid for 3 x 1 day visits, which must all be used in a 1 week period from date of activation. Any unused visits cannot be carried over.
8. The 3 day flexible pass card is signed off by a Leisure Club Team member at the start of each club visit.
9. Guests who do not bring with them their card to be signed off at the start of each visit will be charged the standard club guest fee if they wish to use the club.
10. 3 day flexible passes are non-transferable and are subject to availability.
11. There is no cash alternative.
12. You Fit Health Clubs & Kew Green Hotels reserve the right to refuse access to the club by a guest at their discretion. If for any reason the 3 day flexible pass holder is refused permission to enter a You Fit Health Club then no alternative will be offered.
13. It is the responsibility of the individual guest using the 3 day flexible pass, to ensure that they have taken adequate medical precautions, and must read and sign the club Health Commitment Statement, before using facilities.
14. 3 day flexible pass vouchers or cards which have been issued, that have been photocopied, altered or damaged will not be accepted.
15. Club rules must be adhered to at all times.
16. This offer is not to be used in conjunction with any other promotion or special offer.
17. You Fit Health Clubs & Kew Green Hotels reserve the right to terminate this promotion at any point without notice.

Use of You Fit Clubs Nationwide

1. You Fit members are entitled to free use of facilities at any other You Fit Health Club within the UK.
2. Visits to other You Fit Clubs are limited to a maximum of 12 per year.
3. Not available for use at You Fit clubs within a 10 mile radius of members' home club.
4. If the visited club is situated within the 10 mile radius then a standard guest fee will be charged per visit.
5. You Fit membership cards will be required on arrival at reciprocal You Fit Health Clubs.
6. Membership status (live/current) will be verified with the members' home club prior to access being granted.
7. Not available to temporary members.
8. Subject to availability.
9. No cash alternative is available.
10. Non-transferable.
11. You Fit Health Clubs and Kew Green Hotels reserve the right to cancel, amend, terminate or temporarily suspend this promotion without notice.

You Fit Members Online Discount Voucher Booklet

1. The You Fit Members online discount voucher booklet is available only to current You Fit Health Club Members, available via the members' benefits log-in portal.
2. The suppliers (Non- You Fit branded) within the Online Discount Voucher Booklet have been secured on a 3rd Party basis for the benefit of You Fit Members.
3. By engaging with the 3rd Party suppliers for the purpose of enquiring, purchasing goods or products at a discounted rate within the Online Discount Voucher Programme you are bound by the Terms & Conditions of the sale or purchase agreement with that company or individual, *NOT* You Fit Health Clubs or Kew Green Hotels. Further information relating to 3rd Party Supplier T&C's should be sought directly with the company being engaged.
4. By engaging with the 3rd Party suppliers for the purpose of enquiring, purchasing goods or products at a discounted rate within the Online Discount Voucher Programme you are bound by the chosen 3rd Party Suppliers use of your personal data, *NOT* You Fit Health Clubs or Kew Green Hotels.
5. You Fit Health Clubs or Kew Green Hotels will not engage with any 3rd Party Suppliers included within the Online Discount Voucher Programme on your behalf.
6. You Fit Health Clubs and Kew Green Hotels reserve the right to cancel, amend, terminate or temporarily suspend this promotion without notice.

Up to 25% Off Hotel Weekend Breaks Bed & Breakfast

1. Offer is applicable at participating Kew Green Hotels operated IHG branded hotels in the UK.
2. The You Fit Members Weekend Offer requires advance booking of at least 3 days.
3. Guests will receive a discount of up to 25% off the Best Flexible with Breakfast rate* on the Friday, Saturday and Sunday nights of their stay with limited midweek availability.
4. Full payment is required at time of booking on pre-paid rates and is non-refundable.
5. Prices are inclusive of VAT where applicable.
6. Blackout dates (when the offers are not available) may apply in some hotels.
7. Offer valid on new bookings only.
8. A maximum of 2 rooms can be booked under any one reservation.
9. At Holiday Inn®, Kids Stay Free – Up to two (2) children (17 and under) stay free when sharing a room with up to two (2) adults, subject to maximum room occupancy restrictions and subject to availability.
10. The You Fit Members Weekend Offer cannot be used in conjunction with any other offer, discount or promotion.
11. You Fit membership cards may be requested at time of check-in and membership status (live/current) verified with members' home club.
12. You Fit clubs and/or Kew Green Hotels reserves the right to cancel, suspend and/or modify the Promotion/Offer at any time with or without notice.

* For Holiday Inn Express®, guests will receive a discount of up to 25% off the Best Flexible Rate.

** Where guests book stays which include non-weekend nights the discount will be applied only to the Friday and/or Saturday night portion of their stay.

In order to claim your exclusive discount, follow these easy steps:

1. Visit www.IHG.com or access the bookings site by pressing the BOOK NOW button on the Hotel Stays page of the You Fit members on-line discount voucher booklet.
2. Enter your destination*, check-in and check-out dates.
3. Enter the required number of people you are booking for.
4. Enter the You Fit Corporate ID Number and hit Search. (The You Fit corporate ID number is the 9 digit number shown on the Hotel Stays page of the You Fit members on-line discount voucher booklet available only to You Fit members).
5. Select your hotel of choice.
6. Select your desired room type.
7. And finally...select your rate.

*For a list of participating Kew Green Operated branded hotels see below:

HOLIDAY INN

Ashford - Central	Canterbury Road, Ashford, Kent TN24 8QQ
Birmingham - Bromsgrove	Kidderminster Rd, Bromsgrove, Worcestershire B61 9AB
Birmingham M6, Jct.7	Chapel Lane, Birmingham, West Midlands B43 7BG
Birmingham - Walsall M6, Jct.10	20 Wolverhampton Road, Bentley, Walsall WS2 0BS
Brighton - Seafront	137 Kings Road, Brighton, East Sussex BN1 2JF
Chester South	Wrexham Road, Chester CH4 9DL
Colchester	Abbotts Lane, Colchester, Essex CO6 3QL
Derby - Nottingham M1, Jct.25	Bostocks Lane, Sandiacre, Nottingham NG10 5NJ
Glasgow - East Kilbride	Stewartfield Way, East Kilbride G74 5LA
Haydock M6, Jct.23	Lodge Lane, Newton-le-Willows, Haydock, Merseyside WA12 0JG
Ipswich	London Road, Ipswich, Suffolk IP2 0UA
Ipswich - Orwell	The Havens , Ransomes Europark , Ipswich , Suffolk IP3 9SJ
Lancaster	Waterside Park, Caton Rd, Lancaster LA1 3RA
Leamington Spa - Warwick	Olympus Avenue ,Tachbrook Park , Leamington Spa , Warwickshire , CV34 6RJ
Leeds - Brighouse	Coal Pit Lane, Clifton Village, Brighouse, West Yorkshire HD6 4HW
Leeds - Garforth	Wakefield Road, Leeds, West Yorkshire LS25 1LH
Leeds - Wakefield M1, Jct.40	Queen's Drive, Ossett, Wakefield WF5 9BE
Lincoln	Brayford Wharf North , Lincoln , LN1 1YW
London - Shepperton	Felix Lane, Shepperton, Surrey TW17 8NP
Manchester - City Centre	25 Aytoun Street, Manchester, M1 3AE
Milton Keynes East M1, Jct.14	London Rd , Newport Pagnell , Buckinghamshire , MK16 0JA
Northampton	Bedford Rd , Northampton , Northants , NN4 7YF
Norwich	Ipswich Road, Norwich, Norfolk NR4 6EP
Norwich City	Norwich City, Carrow Rd, Norwich NR1 1HU
Norwich - North	Cromer Road, Norwich, Norfolk NR6 6JA
Portsmouth	Pembroke Road , Portsmouth PO1 2TA
Reading - West	Bath Road , Padworth , Berkshire , RG7 5HT
Rochester - Chatham	Maidstone Road, Rochester ME5 9SF
Rotherham - Sheffield M1, Jct.33	West Bawtry Rd , Rotherham , South Yorks , S60 4NA
Rugby - Northampton M1, Jct.18	Crick, Northampton NN6 7XR
Runcorn	Wood Lane, Runcorn WA7 3HA
Slough - Windsor	Church Street , Chalvey , Slough , Berkshire , SL1 2NH
Stoke on Trent M6, Jct.15	Clayton Road, Newcastle Under Lyme ST5 4DL
Swindon	Marlborough Road, Swindon SN3 6AQ
Taunton M5, Jct.25	Deane Gate Avenue, Taunton, Somerset TA1 2UA
Warrington	Woolston Grange Avenue, Warrington WA1 4PX
Washington	Emerson Road, Washington NE37 1LB
York	Tadcaster Road Dringhouses, York YO24 1QF

HOLIDAY INN EXPRESS

Birmingham - Star City	Cuckoo Road, Heartlands Parkway, Nechells, Birmingham B7 5SB
Braintree	Panners Roundabout, Notley Cross, Braintree CM77 7AB
London - Stansted Airport	Thremhall Avenue , Stansted , CM24 1PY
Portsmouth - Gunwharf Quays	The Plaza , Gunwharf Quays , Portsmouth , PO1 3FD
Shrewsbury	Sitka Drive, Shrewsbury Business Park, Shrewsbury SY2 6LG

CROWNE PLAZA

Liverpool - John Lennon Airport	Speke Aerodrome, Speke Road, Liverpool, L24 8QD
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